



VOICES OF GRIEF
Support and Education Center

SPRING 2023

GRIEF SUPPORT & EDUCATION GROUP IN WOODLAND PARK

Understanding Your Grief

This eight-week support and education group offers compassionate, companioning support as we work through the book, *Understanding your Grief* by Dr. Alan Wolfelt.



We bereaved are not alone.
We belong to the largest
company in the world—
the company of those who
have known suffering.
Helen Keller, *We Bereaved*

8-Week Group

Thursday evenings

April 20–June 8

6:00-8:00 pm

Community Partnership Family Resource Center

701 Gold Hill Place, Woodland Park, CO 80863

Registration cost: \$80 (includes all group material).

Please register by April 14.

If finances are a challenge, limited scholarships are available.



voicesofgriefcenter.org

Our Vision is to create supportive spaces to honor the natural process of grief and to educate our community in healthy expressions of grief and mourning.

Please contact our group facilitator for information
or to register:

Sarah Lee: 719-505-2257

sarah.lee@voicesofgriefcenter.org

Thanks to our community sponsors

