## **DIVERSUS HEALTH** OUTREACH PROGRAM

## WHEN & WHERE

WOODLAND PARK Thursday, April 6, 2023 Wednesday, May 3, 2023 8:30 a.m. to 5 p.m.

**CRIPPLE CREEK** Thursday, March 9, 2023 Tuesday, May 16, 2023 8:30 a.m. to 5 p.m.

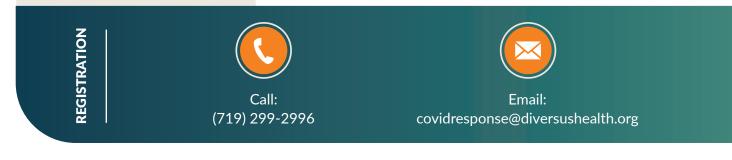
No cost!

Registration required.

## Mental Health First Aid (Adult)

Mental Health First Aid teaches participants how to identify, understand and respond to signs of mental illness and substance use disorders. It gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use challenge and help connect them to the appropriate care.

This training can benefit community members, employers, HR specialists, hospital staff, first responders, faith leaders and other caring individuals.









diversushealth.org/outreach-program (719) 299-2996

